#include <iostream>

#include <cmath>

using namespace std;

int main()

{

float x,m,n,i,j,k,h = 0,s1 = 0,s2 = 0,result = 0;

cout<<"Введите значение X: ";cin>> x;

cout<<"Введите значение M: ";cin>>m;

cout<<"Введите значение N: ";cin>> n;

for (i = 1; i <= n; i++){

for (j = 1; j <= m; j++){

h = pow((i + j),2.0);

s1 = s1 + h;

h = j + 1.0;

s2 = s2 + h;

}

h = (2.0\*x + s1)/(x+i\*s2);

result = result + h;

}

cout<<"Result = "<<result;

}